



eric wants to join a project team



eric milet notes that the world is moving fast forward. he does believe that there is a 'big shift' coming. many things will change soon and drastically. the way we live, the way we think, the way we work, the way we share... eric wants to be involved and participate to this big turning. he is experienced, creative, versatile, cultivated, multicultural, courageous and hopeful.

he knows that many interesting things concerning that shift are happening in asia, so he wants to contribute bringing his talent, experience and energy there.



eric is skilled and experienced in

visual communication, conceptual & visual thinking, creativity, branding, design management, graphic design, UX/UI design, illustration, teaching...



eric keeps studying

he studied sociology & corporate communication in bordeaux & paris universities. he trained himself in advertising, graphic design, graphic arts, UX&UI design... he has a spanish coastal boat skipper licence. he did, in india, a yoga teacher training course and got a diploma.



eric is multiracial and does speak

spanish, french, english and catalan



eric travels in asia

he found himself very comfortable with people, life, mentality, culture, habits, climate... in india, nepal, sri lanka, thailand, laos, vietnam and cambodia.



eric is interested in topics such as

- education, creativity & sustainability
- branding & change management
- sustainability & societal learning
- business, ethics & yoga
- yoga for elderly
- ...



eric loves simplicity

he loves his family, his friends, zhuang zi, patanjali, thoreau, tintin, miles davis, hari prasad chaurasia, jacques prévert, two wheels vehicules, to practice and to teach yoga, to walk and backpacking, to draw, to cook, all the seas & oceans, to meditate...



eric is comfortable

being at ease and putting others at ease, working in small and medium size teams, in multicultural environments, teaching and learning to/from others, in many places of asia & southeast asia.



eric is

belgian, he has been living in spain many years, he is born in 64, he has three children who are scattered across the planet, living in france, india and australia.



eric is particularly good

synthesising ideas into concepts, words, pictures and stories, in team dynamics and as a brainstormer.

“ man is made by his belief. as he believes, so he is.

baghavad gita



eric milet

design, walks & yoga

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